

Independent At Home Consumer Directed Services

Paraquad's Consumer Directed Services (CDS) is a Medicaid-based program in which adults with disabilities hire, schedule, and manage their own personal care attendants.

Personal care attendants assist with tasks of daily living such as bathing/showering, toileting, obtaining medication, meal preparation and cleanup, housekeeping/laundry, essential transportation, etc., thus enabling them to live with greater independence at home and in the community, and not in a nursing home.

Who is eligible to be a Paraquad CDS participant?

- 18 years of age or older with a disability
- Has or is eligible for Medicaid
- Capable of living independently with the services of a personal care attendant, and able to direct needed care to that attendant.
- Has a level of care need as determined by the Missouri Department of Health & Senior Services



*additional information on reverse side

For more information, call (314) 289-4200 Monday through Friday from 8 am to 5 pm or email contactus@paraquad.org



[Learn More](#)

 **Paraquad**
Making Independence Accessible

Why join/switch to Paraquad's CDS Program?

- Paraquad performs ongoing background checks and pays all attendant wages and taxes via Medicaid reimbursement.
- An attendant can be a friend or family member (excluding spouse or anyone under the age of 18).
- Founded in 1970, Paraquad has vast experience in managing its CDS program and staying current with government regulations.
- Each CDS participant receives dedicated customer service - a personal case manager who phones on a monthly basis, visits at least once on an annual basis, and strives to assist with independent living needs that go beyond personal care services.
- By joining Paraquad's CDS program, participants have greater access to other Paraquad programs including peer mentoring, employment, advocacy, and the Stephen A. Orthwein Center, Paraquad's state-of-the-art fitness center.

For more information, call (314) 289-4200 Monday through Friday from 8 am to 5 pm or email contactus@paraquad.org



[Learn More](#)

